

Exam Review Schedule

This organizer is designed to help you create an exam review schedule 1-2 weeks in advance of an exam, making review part of your everyday routine! This tool can also help guide future conversations with Academic Coaches at VCU's Campus Learning Center (CLC).



How to Create the Schedule

1. For each topic/section that you anticipate on your upcoming exam, identify important **subtopics** you need to review. You may wish to make a separate list of subtopics and rate your confidence/level of understanding for each to help you plan and prioritize your study time.
2. Assign each column a date to complete, subtopics to cover, and consider the best study strategies to utilize. What resources do you have available? Use **active review** strategies whenever possible such as practice problems, concept mapping, and putting information into your own words.
3. Build your schedule one column at a time. Think of each column representing a 2-hour study session and add more sheets as necessary!
4. Check off columns as you finish and engage in self-care, including regular adequate sleep, leading up to the exam.



Study Suggestions

- Limit sessions to no more than 2 hours of studying in a row. Use the pomodoro method to take timed breaks.
- Avoid late-night study sessions and prioritize sleep. Utilizing the Weekly Schedule in conjunction with this Exam Review Schedule can help you prioritize self-care such as regular meals, physical activity, and social connection.
- Consider if your usual study space is conducive to studying. Is it neat, organized, and distraction-free?
- In addition to this review schedule make sure to utilize appointment and drop-in tutoring, PASS sessions, professor office hours/student hours, and TA review sessions for reinforcement and to support you.



Reflect and Connect

- What time of day do you feel most productive?
- How can you minimize distractions?
- How can you make use of transition times throughout your day for additional review/study?

Want Help Creating An Exam Review Schedule?

Meet with an Academic Coach at the CLC! We can help you create personalized study plans, improve time management, stay accountable and reduce stress.



Visit <https://clc.vcu.edu/academic-coaching> or scan the QR code to book a session.

Course Name:

Exam Date:

Topic/ Section							
Date to Complete							
List of all Important Subtopics to Review							
Active Study Strategies to Use for this Material (i.e. how will you study?)							
Check When Complete!	<input type="checkbox"/>						